Dear LOLCS Families,

Welcome to the 2023-2024 athletic sports program at LOLCS. We are greatly anticipating a fantastic year for our athletic program. As teachers, coaches, and supporters of your child, we desire to make this athletic program a tool for developing the next generation. We aspire to teach leadership, character, and most importantly, Godliness on and off the athletic field. At LOLCS, we want to partner with parents in training their children through athletics. Our theme verse for our athletic program is I Corinthians 10:31, "Whether therefore ye eat or drink, or whatsoever ye do, do all to the glory of God." We must strive to live for our Savior, pleasing and honoring Him with our actions and lives.

We currently participate in the Florida Christian Conference (FCC) and are excited about being involved with other schools of like faith and philosophy. As we near the opening of our athletic season, we ask that your child be fully prepared and organized if he/she desires to participate. We offer Varsity boys soccer and JV/Varsity girls volleyball in the fall, JV/Varsity girls and boys basketball in the winter, and Varsity boys volleyball, coed Varsity golf and cross country in the spring. We offer these sports for our 7th through 12th grades. If you desire your student to participate in any of these sports, there are signed forms and requirements for them to participate. Your child must have a completed and current sports physical as well as an LOLCS Athletic Consent Form. Both sets of documents can be found on the school website located under Athletics (click on the tab) or be picked up the school office. Please return these completed forms to the school office as soon as possible.

Our first games will be on August 15. Your child's physical and consent form ***must*** be turned into the school office ***before*** the first FCC game. *The cost to participate in the athletic program has changed recently. The fee for each sport is $100/student/sport with a cap at $300 for the year.* During the season, our coaches/school may require your child to have certain FCC or LOLCS officially regulated equipment for that sport (i.e., basketball warm-ups). If you have any questions about where to obtain the specific equipment, our staff would be more than happy to assist and guide you.

Starting on July 24, we will have soccer and volleyball tryouts/practice. If your child is interested in playing, he/she must attend this tryout for them to be eligible to play on the team. **If for any reason they are not able to attend (such as vacation), please let their coach know as soon as possible**. ***If your child makes the team, then all forms and athletic fees must be turned in before our first game, August 15***. Based on how many students try out, team cuts or tiered teams ***MAY*** be implemented. The times for our sport conditioning and practices prior to the start of the school year are listed below:

Jr. Varsity/ Varsity Girls Volleyball: (JV Coach: Jamie Becker - jamiebecker@fbclol.org)
(Varsity Coach: Scott Long – scottlong@fbclol.org)

- July 24 - 28 Time: (JV) 3:00 pm – 5:30 pm (**W practice to end @ 5:00 pm)**
  (Var.) 12:30 pm – 2:30 pm (**W, R, F ONLY this week)**
- July 31-Aug. 4 Time: (JV) 3:00 pm – 5:30 pm (**W practice to end @ 5:00 pm)**
  (Var.) 12:30 pm – 2:30 pm **(M – F)**
- Aug. 7 - 9 Time: (JV) 3:00 pm – 5:30 pm (**M, W ONLY / W practice to end @ 5:00 pm)**
  (Var.) 12:30 pm – 2:30 pm (**M – W**)

Varsity boys soccer: (Coach: Carlos Vidal – carlosvidal@fbclol.org)

- July 24 – 28 Time: 8:00 – 12:00 pm
- July 31 – Aug. 4 Time: 8:00 – 12:00 pm
- Aug. 7 – 9 Time: 8:00 – 12:00 pm

****Regular school year practice times/days will begin the first day of school **August 10** of which each coach will inform their players ****

Thank you so much for your support of LOLCS. We look forward to partnering with your family in serving the Lord for the sake of educating and training your children. If you have any questions or concerns, please contact either me or your athletes' coach at the email address above.

Scott Long
Athletic Director
Land O Lakes Christian School